



deVilla

HERITAGE CLUB, PENANG

*Ultimate Therapeutic Experience*

SPA

Wellness Spa | Massage | Beauty Care

[www.devillaspa.com](http://www.devillaspa.com)



# SIGNATURE JAVANESE OIL MASSAGE

## 传统爪哇式按摩

Javanese massage uses all parts of the hand, palm and thumb to knead and massage the muscles. It works on the muscles and nerves to relieve tension, back pain, reducing fatigues and improving blood circulation. Overall this treatment gives the receiver feeling more rejuvenated. Although this treatment is the most robust, it is greatly beneficial in the long run.

爪哇式按摩使用手部，手掌和拇指的所有部分按揉肌肉。这按摩帮助松弛肌肉和神经线；舒缓紧张情绪；减轻背部疼痛和疲劳；从而促进血液循环。总体上，爪哇式按摩可以让顾客感觉更加活力充沛，这护理强劲有力，长期定时护理也会带来很多健康益处。

*Duration*

**120 mins**

**90 mins**

**60 mins**

*Member*

**RM 148**

**RM 118**

**RM 88**

*Normal*

**RM 178**

**RM 148**

**RM 118**

*All prices are inclusive of 6% SST*

# AROMATHERAPY OIL MASSAGE

## 香薰精油按摩



Aromatherapy uses fragrant oils extracted from herbs, flowers and fruits for healing. The various type of aromatic oils have their own therapeutic benefits to calm, uplift, cleanse, energise the body. The essential oils penetrates into the skin to soothe away stress and tension, improve blood and lymphatic circulation, facilitate relaxation and create a sense of well-being.

使用香薰草药，从鲜花和水果愈合提炼出来的芳香油。各种类型的芳香油都具有各自的治疗功效，它含有镇静提升，净化和增添身体能量的功能。香精油渗透到肌肤能够帮助舒缓紧张情绪和压力，然而促进血液和淋巴系统的循环，同时也有利于极度放松和身心健康。

*Duration*

**120 mins**

**90 mins**

**60 mins**

*Member*

**RM 168**

**RM 138**

**RM 108**

*Normal*

**RM 198**

**RM 168**

**RM 138**

*All prices are inclusive of 6% SST*

# DE STONE THERAPY MASSAGE

## 热石理疗按摩

A natural therapy that comes with therapeutic oils in which warm basalt stones are positioned on parts of the body to expand blood vessels and improve blood circulation. The therapist applies light pressure and massage in circular motion while the hot stones have a soothing effect that can relieve chronic pain, reduce stress and promote deep relaxation.

一种天然疗法，附带有温度的火山能量石块放置在身体的所需部位，以扩张血管，改善血液循环。治疗师采用轻压按摩打圈，而热石可缓解慢性疼痛，减轻压力，促进深度松弛舒缓的作用。

*Duration*

**120 mins**

**90 mins**

*Member*

**RM 208**

**RM 178**

*Normal*

**RM 238**

**RM 208**

*All prices are inclusive of 6% SST*



# HERBAL COMPRESS MASSAGE

## 草药疗理按摩



Herbal ball compress is a compound composed of natural herbals with multiple medicinal properties including tamarind leaves, turmeric, ginger, camphor, citronella and lemon grass. These healthy properties help stimulate and relax the body, reduce swelling, relieve pain, stress and tension, and heal various conditions such as insomnia, migraines, menopause, back pain and etc.

草药包压缩具有多种药性，包括罗望子叶，郁金，生姜，樟脑，香茅，柠檬草组成的天然化合物。这些健康的配方有助于刺激和放松身体；减轻肿胀，疼痛，压力和紧张情绪；有效治疗失眠，偏头痛，更年期，背部疼痛等。

*Duration*

**120 mins**

**90 mins**

*Member*

**RM 218**

**RM 188**

*Normal*

**RM 248**

**RM 218**

*All prices are inclusive of 6% SST*

# GUASHA TRADITIONAL MASSAGE

## 传统刮痧按摩

Guasha or scraping therapy is a TCM treatment to release unhealthy elements from injured areas and stimulates blood flow and healing. This treatment has immediate effects to attain a brighter, radiant and healthier skin. Guasha is also acknowledged as TCM weight loss program, is notably area specific, seeking to activate and flush fluid from the fat cell such as arm, thigh, buttock and tummy.

刮痧疗法是中医用来治疗生病，受伤和释放不健康的细胞因素，它有助于刺激血液循环和提高愈合功能。除此之外，它也可以让皮肤更明亮和健康。刮痧也被确认是传统中医的减肥配方，它针对各别的身体部位，例如手臂，大腿，臀部和腹部，刺激多余的脂肪，并从局部排泄不健康的脂肪细胞。

*Duration*

**120 mins**

**90 mins**

*Member*

**RM 208**

**RM 178**

*Normal*

**RM 238**

**RM 208**

*All prices are inclusive of 6% SST*

# LYMPHATIC BRUSH MASSAGE

## 淋巴刷子按摩

By stimulating the lymphatic drainage and helping release toxins, brush massage is a powerful detoxification aid. Brushing removes dead dry skin, clearing your clogged pores, soften hard fat deposits below the skin thereby diminish the appearance of cellulite.

淋巴系统负责消除损耗细胞，而淋巴阻塞是导致炎症和疾病的主要因素。刷子排毒按摩帮助刺激淋巴引流和有效释放毒素。刷洗摩擦可以去除干燥死皮，清除堵塞毛孔，软化皮肤底层的硬脂肪沉积，从而减少脂肪外观。

*Duration*

**120 mins**

**90 mins**

*Member*

**RM 208**

**RM 178**

*Normal*

**RM 238**

**RM 208**

*All prices are inclusive of 6% SST*



# WOMB CARE TREATMENT

## 子宫卵巢护理



A series of massage techniques are used to help support reproductive health, the menstrual cycle, and your fertility. Overview of the most important benefits are increases circulation to the uterus, ovaries and fallopian tubes; increases circulation to the digestive system thereby enhancing immune system; promotes hormonal balance; helps the body to get rid of old stagnant blood.

这护理含有一系列的按摩技术用来帮助支承健康生殖，改善月经周期和生育功能。它的好处是提高子宫，卵巢和输卵管循环，同时也改善消化系统的循环，从而增强免疫力，提升平衡的荷尔蒙。它有助于去除旧瘀血和组织体素。

*Duration*  
**90 mins**

*Member*  
**RM 188**

*Normal*  
**RM 218**

*All prices are inclusive of 6% SST*



# URUTAN MALAYSIA

## 马来西亚文化式按摩

With the theme “Proudly Malaysian, Inspired Tradition,” Urutan Malaysia introduces modern, cross-cultural spa and massage techniques inspired by traditional principles. Procedures include Reflexology, Indian Head Massage, Chinese Qi Gong Breathing, and Malaysian Herbal Foot Soak. The goal is to promote the Malaysian holistic wellness experience.

Urutan Malaysia 以“自豪的马来西亚人，受启发的传统文化”为主题，介绍受传统原则启发的现代跨文化水疗和按摩技术。疗程包括指压穴道按摩、印度式头部按摩、中国式气功和马来西亚草药足部浸泡。这个护理主要是提倡马来西亚创新的整体健康体验。

*Duration*

**120mins**

*Member*

**RM 218**

*Normal*

**RM 248**

*All prices are inclusive of 6% SST*

# FOOT REFLEXOLOGY

## 足底按摩

Traditional therapeutic techniques focus on relaxing the muscles and joints, acupressure seeks to improve general health and energy flow by acting upon specific pressure points, enhance internal organ function by massaging specific areas of the foot. Frequent massage sessions fasten a restoration of body natural state of equilibrium.

传统的治疗技术，注重于松弛肌肉和关节。穴位按摩通过特定的挤压点，可以改善整体健康和促进循环，指定的足部按摩部位能够帮助加强内在器官功能。频密的足部按摩有效帮助促进身体的平衡状况。

*Duration*

**120 mins**

**90 mins**

**60 mins**

*Member*

**RM 118**

**RM 98**

**RM 78**

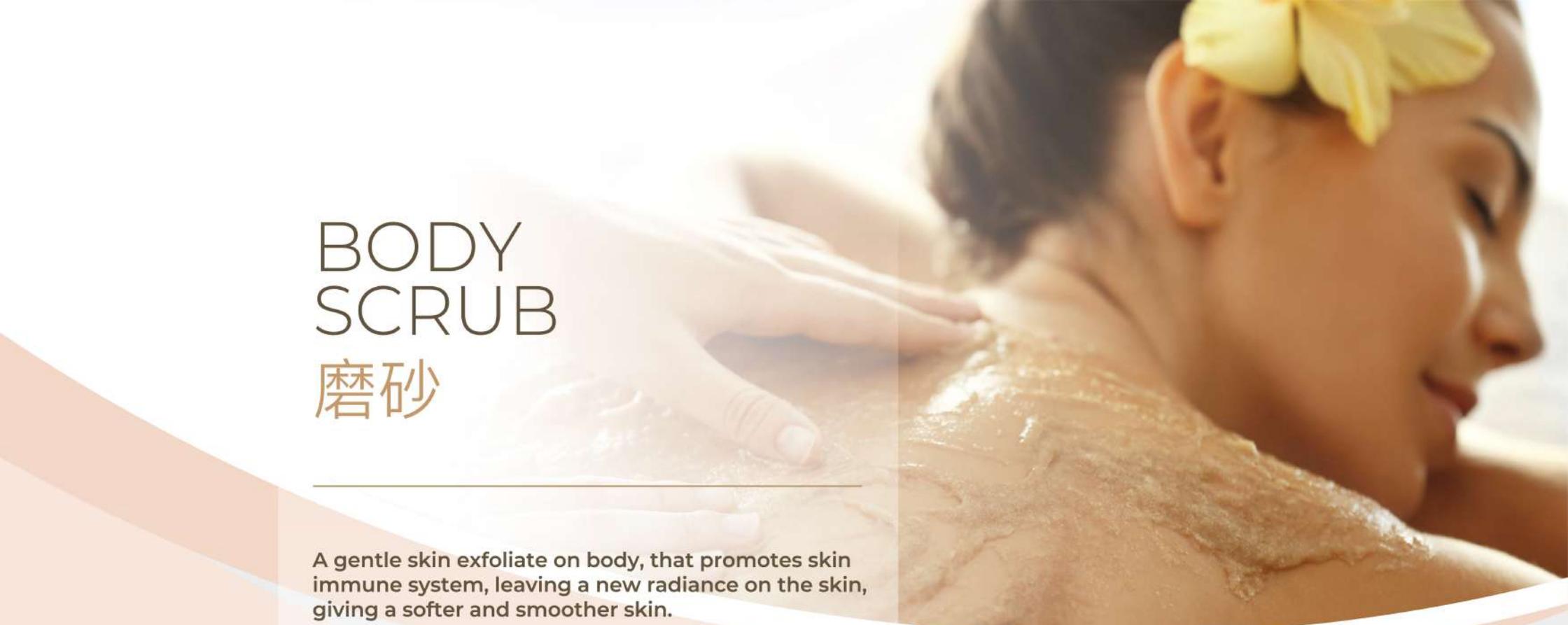
*Normal*

**RM 148**

**RM 128**

**RM 108**

*All prices are inclusive of 6% SST*



# BODY SCRUB

## 磨砂

A gentle skin exfoliate on body, that promotes skin immune system, leaving a new radiance on the skin, giving a softer and smoother skin.

温和去角质磨砂，可以促进皮肤的免疫系统，使皮肤容光焕发，给予更柔软和更光滑的肌肤。

- ◆ **COFFEE** 咖啡  
antioxidant skin 抗氧
- ◆ **JASMINE** 茉莉  
sensitive skin 敏感
- ◆ **LAVENDER** 薰衣草  
soothing skin 舒缓
- ◆ **ROSE** 玫瑰  
whitening skin 美白
- ◆ **GINGER & LEMONGRASS** 生姜香茅  
detoxify skin 排毒

Duration  
**30** mins

Member  
RM **68**

Normal  
RM **98**

All prices are inclusive of 6% SST

# DEEP VITAL RETREAT

## 水疗配套

A session of pampering starts with foot bath, incorporating the healing elements of Finland spruce infrared sauna. Pick a gentle body exfoliate flavor, followed by invigorating Signature Massage, gives you a perfect relaxation.

一份让您呵护的水疗配套，从足浴开始，融合了芬兰云杉红外桑拿的治疗元素。再选择您喜欢的磨砂味道，和接着让您振奋精神的传统式按摩，让您放松心情。

- ◆ **Foot Bath 足浴** 15mins
- ◆ **Infrared Sauna 红外桑拿** 15mins
- ◆ **Body Scrub 磨砂** 30mins
- ◆ **Javanese Oil Massage 爪哇式按摩** 60mins

Duration  
**120 mins**

Member  
**RM 228**

Normal  
**RM 258**

All prices are inclusive of 6% SST

# ISLAND ESCAPE RETREAT

## 水疗配套

An exclusive retreat to help you escape from your daily stresses, and return to the world refreshed and rejuvenated.

一个独特的放松式享受，让您摆脱日常压力，重返振奋和活力。

- ◆ **Body Scrub** 磨砂 30mins
- ◆ **Bath Jacuzzi** 按摩浴池 30mins
- ◆ **Aromatherapy Oil Massage** 香薰精油按摩 90mins

*Duration*

**150 mins**

*Member*

**RM 278**

*Normal*

**RM 308**

*All prices are inclusive of 6% SST*



# MEMBERSHIP BENEFITS & REWARDS

## 会员优惠及奖励

### Lifetime Membership Subscription 永久会员费

RM **88**

- ◆ Enjoy exclusive member price for lifetime.  
享用独有的终身会员价。
- ◆ The member price is valid for couples or a maximum of 2 people during the visit.  
会员价适用于配偶或最多两个人。
- ◆ ONE FREE birthday treatment worth RM150 valid for your birthday month, including weekends and public holidays for the new subscription.  
一次免费生日护理价值 RM150，有效于您的生日月份，包括周末和公共假期。
- ◆ Annual birthday offer for members for only RM78, you can redeem any treatment worth RM150.  
会员每年生日优惠只需 RM78，您可以兑换任何价值 RM150 的护理。
- ◆ Birthday member can invite 2 peoples in your birthday month to get an instant 30% discount for any treatment on the NORMAL price.  
生日会员可以在您的生日月份邀请两位朋友享用 30% 的普通价折扣。
- ◆ Enjoy 20% discount on spa products during the birthday month.  
享有20%的Spa产品折扣特价。

# Benefits of Essential Oils

## 天然香精油的好处

<b>EUCALYPTUS</b> 桉树 / 尤加利	<b>GINGER</b> 生姜	<b>GRAPEFRUIT</b> 葡萄柚	<b>JASMINE</b> 茉莉	<b>LAVENDER</b> 薰衣草	<b>LEMONGRASS</b> 香茅	<b>ORANGE</b> 橙子	<b>PEPPERMINT</b> 薄荷	<b>ROSEMARY</b> 迷迭香
Origin: <b>Australia</b> 原产: 澳洲	Origin: <b>India</b> 原产: 印度	Origin: <b>Argentina</b> 原产: 阿根廷	Origin: <b>India</b> 原产: 印度	Origin: <b>France</b> 原产: 法国	Origin: <b>India</b> 原产: 印度	Origin: <b>Brazil</b> 原产: 巴西	Origin: <b>USA</b> 原产: 美国	Origin: <b>Spain</b> 原产: 西班牙
Relieve muscle pain 舒缓肌肉疼痛	Eliminate stomach gas 驱风	Reduce depression 减轻抑郁	Mood lifting 振奋心情	Calming & soothing 镇静和舒缓	Relieve muscle pain 舒缓肌肉疼痛	Easy anxiety 纾解焦虑	Boost energy 提升精力	Improve memory 改善记忆力
Wound healing 伤口愈合	Relieve nausea 消呕吐	Weight loss booster 帮助减轻体重	Reduce stress 减轻压力	Aid insomnia 治疗失眠	Boost energy 提升精力	Decreasing hypertension 减低高血压	Ease breathing 呼吸顺畅	Promote digestion 促进健康 消化系统
Relieve cough 舒缓咳嗽	Aid digestion 帮助消化	Eliminate toxins 排毒	Balancing hormone 平衡荷尔蒙	Relieve migraine 舒缓扁头痛	Reduce fever 减轻发烧	Improve digestion 帮助消化	Release tight muscles 舒缓紧绷肌肉	Relieve cramps 缓和抽筋
Alleviate headache 缓解头痛	Expel phlegm 祛痰	Stimulate urination 刺激排尿系统	Promote healthy skin 促使皮肤健康	Improve sleep 改善睡眠	Detoxifying 净化排毒	Promote healthy skin 促使皮肤健康	Soothe digestive issues 舒缓消化问题	Aid constipation 治疗便秘
Respiratory treatment 治疗支气管炎	Relieve diarrhea 消腹泻	Stimulate immune system 加强免疫系统	Regulate menstrual cycle 调节月经周期	Promote blood circulation 促使血液循环	Strengthen immune system 强化免疫系统	Increasing circulation 提高循环系统	Improve mental & memory focus 改善精神和 注意力	Stimulate hair growth 刺激头发生长



 De Villa Spa Heritage Club

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